THE NATIONAL DANCE COUNCIL OF AMERICA CARES ABOUT YOUR DANCING

- Well trained professionals can make the difference in the success and enjoyment of your dance instruction. Lessons are available in both class and private format.
- Instructors can work with you regularly on a class or private lesson basis or you might choose to take just a few lessons for a wedding or special occasion.
- Classes are offered in Adult School Programs,
 Continuing Education Departments of Colleges or at your local studios.
- Lessons in social dance are a fun, healthy activity for everyone. Lessons in competitive ballroom dancing (dancesport) are not only fun but also physically and mentally challenging. In September of 1997, Ballroom Dancing was given full recognition by the International Olympic Committee. Competitions are held regularly throughout the United States in Professional, Amateur and Pro-Am categories... some are even televised.
- You can find dance instructors and studios in your area by looking through the Yellow Pages, local newspapers and magazines, by asking friends and checking your local adult school brochure. When you are shopping for an instructor, use the questions in this worksheet as a basis.

MEMBER ORGANIZATIONS

American Ballroom Company American Ballroom Theater Company **American Star Productions Arthur Murray International** Ballroom Dancesport Theatre, Inc. **Brigham Young University Dance Educators of America DanceSport America Dance Teachers Club of Boston** Dance Vision Fred Astaire Dance of North America Heritage Dance Foundation **National Dance Teachers Association** New York Society of Teachers of Dancing North American Dance Organizers Alliance North American Dance Teachers Assoc. Pan American Teachers of Dancing **Professional Dancers Federation** U.S. Imperial Society of Teachers of Dancing United States Terpsichore Assoc. U.S. Amateur Ballroom Dancers Association World Federation of Ballroom Dancers

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Web Site: www.ndca.org



NATIONAL DANCE COUNCIL OF AMERICA, INC.

"A Non-Profit Educational Organization"

CHOOSING YOUR BALLROOM DANCE INSTRUCTOR



Member of the AccessDance Network Powered by AlphaShop Network Services www.accessdance.com

HOW TO CHOOSE YOUR BALLROOM DANCE INSTRUCTOR

Selecting a dance instructor can be a confusing experience. A true professional instructor will be one who motivates and insures that you can accomplish your desired dance goals.

When you are interviewing instructors, use the following questions as a base.

I. Is the Instructor certified by a member organization of the NDCA?

NDCA affiliation secures an industry standard. Only trained professional instructors hold certification to teach.

2. Is the facility suitable with proper floors and music system?

Flooring without the proper give or bounce can cause undue stress on both the leg and spinal joints. Improper lighting and music systems can cause an uncomfortable atmosphere in the room and many times will result in the dancer being inattentive.

3. Is the instructor's teaching schedule compatible with your time availability?

Make sure the instructor's hours can fit your schedule.

• Does the instructor provide you with clear-cut cancellation policies, and billing procedures, etc. in writing?

To avoid any confusion and to protect your rights, it is important to get any policy in writing.

5. Does the instructor help you to set realistic goals without promising unattainable results?

A professional will help you set goals you can reasonably achieve.

6. Does the instructor exhibit good listening skills and communicate well?

If your instructor doesn't listen to what you want or communicate effectively, they will not be able to meet your needs or provide positive reinforcement.

1. What is the longevity of the student population?

If there is a high turnover and a dissatisfaction in the student body, the instructor and quality of service may not be what you want.

8. If competition ballroom dancing (DanceSport) is your goal, does the instructor participate in performance and/or competitive teaching?

If not, will they furnish a list of recommended instructors for further advancement?

